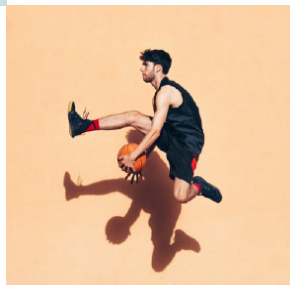
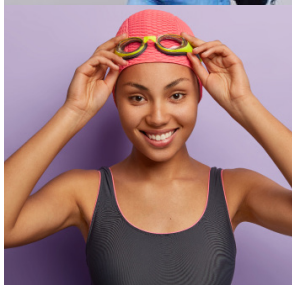
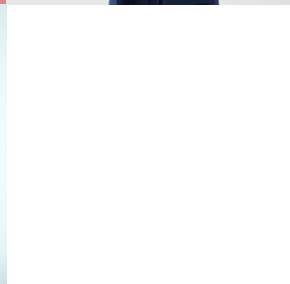
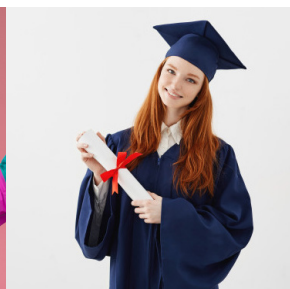
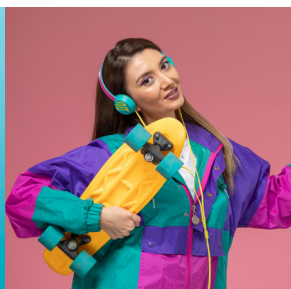
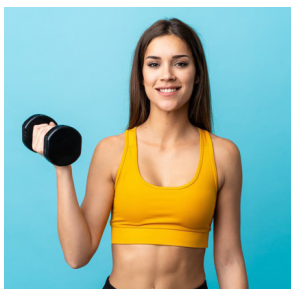




# Gdansk University of Physical Education and Sport



## GUIDEBOOK

[www.awf.gda.pl/international](http://www.awf.gda.pl/international)

Study in English 2025

Gdansk University of Physical Education and Sport  
Kazimierza Gorskiego 1 street  
80-336 Gdansk







## Educational offer for foreigners to study in English

Bachelor Degree (BA)  
Master Degree (MA)  
Postgraduate studies

# GUPES IN NUMBERS



**5**  
study programmes EN

**12**  
study programmes PL

**50**  
professional coaches

**13**  
gyms

**100**  
professors, researches

**2**  
sports halls

**9**  
sports sections of  
the ASA GUPES sports club

**1**  
swimming pool

**174**  
academic teachers

**5**  
laboratories

**5**  
outdoor sports fields

**1**  
sailing centre







[WWW.AWF.GDA.PL/INTERNATIONAL](http://WWW.AWF.GDA.PL/INTERNATIONAL)

# Table of contents

Why GUPES? .....	7
------------------	---

## FIRST-CYCLE STUDIES

Sport .....	8
Tourism and Hospitality .....	9

## SECOND-CYCLE STUDIES

Sport Management .....	10
Sport .....	11

## DOCTORAL SCHOOL Ph.D.

Postgraduate studies „Sport for PhD” .....	
... 13	

Learn about Gdansk University of Physical Education and Sport .....	16-19
---	-------

Study and live in Tri-City .....	20-27
----------------------------------	-------

A photograph of three male athletes in a starting crouch on a red running track. The athlete in the foreground is wearing a dark blue t-shirt and green shorts, looking intently forward. Behind him, another athlete in a black t-shirt and green shorts is also in a starting position. A third athlete is partially visible on the far left. The track has white lane markings.

# WHY GUPES?

Gdansk University of Physical Education and Sport is the only sports university in Pomerania where theoretical and practical classes are conducted by both recognized scientists and highly qualified specialists in the areas relevant to individual fields of study, as well as coaches of Olympic and national teams and outstanding athletes.

The didactic offer of Gdansk University of Physical Education and Sport is modern, wide and varied. As part of the field of study, a student may choose a specialisation from a wide range of specialisations designed to meet the needs of the labour market and supplement it with other specialisations offered by the university.

Student life flourishes at Gdansk University of Physical Education and Sport, and students can develop their passions and interests, among others, in research clubs, in the Student Self-Government Council, in the ASA GUPES Sports Club, or in the "Neptun" Folk Dance Ensemble.

Gdansk University of Physical Education and Sport is one of the best sports universities in Central and Eastern Europe according to the Shanghai Ranking's Global Ranking of Sport Science Schools and Departments, 2020. In the Perspektywy magazine ranking for 2019, GUPES placed 2nd among all sports universities in Poland; the field of Physiotherapy also ranked 2nd, and the field of Physical Education was recognised as the best one in Poland.



# Sport

**level** / first-cycle

**form** / full-time

**profile** / practical

**Studying in this field is mainly for those who want to combine a sports career with gaining and extending knowledge in various aspects of sport.**

**As part of the course, the student undertakes one of the coaching specialties in Olympic sports offered by universities, including: gymnastics, judo, basketball, athletics, handball, swimming, tennis, sailing, football, volleyball, rowing, horse riding and many others.**

Classes are conducted by experienced practitioners - coaches with many years of experience working at different levels of sports championships, with extensive experience and methodical workshop. Practical experience is supported by scientific knowledge. Classes are also taught by the best scientists conducting research for the needs of sport, publishing the results in peer-reviewed and high-scoring international journals.

A student of Sport learns the latest training trends, acquires practical knowledge and skills in the field of theory and practice of training in a selected sport, having the opportunity to obtain coaching and instructor qualifications.

The study program also covers the basics of entrepreneurship, management and marketing in sport, allowing graduates to freely navigate the sport market, understanding its basic functions and dependencies. Upon completing this field of study, a student may undertake a club, a sports organization, an independent unit operating within the territorial self-government or a sport-related business, creating added value for recipients and clients in areas related to the commercialization of sports and recreation services, and physical culture.

## Specialisations

- The didactic offer of Gdansk University of Physical Education and Sport is modern, wide and varied. As part of the field of study, a student may choose a specialisation from a wide range of specialisations designed to meet the needs of the labour market and supplement it with other specialisations offered by the university
- during the studies, the student chooses one of the coaching specializations offered by the university
- apart from choosing a coaching specialization, the student takes up at least 1 additional specialization – of an instructor in another sport or another specialization, increasing his or her competences and competitiveness on the labor market.

## Training specializations

- Gymnastics, Judo, Basketball, Bodybuilding, Athletics, Football, Handball, Volleyball, Swimming, Sport and dynamic shooting, Tennis, Sailing, Board sailing (windsurfing and kiteboarding), Motor preparation.

## Instructor and other specialisations

- Gymnastics, Judo, Basketball, Bodybuilding, Athletics, Football, Handball, Volleyball, Swimming, Sport and dynamic shooting, Tennis, Sailing, Board sailing (windsurfing and kiteboarding), Fitness – weight exercises, Fitness – modern forms of gymnastics, Motor preparation, Motor preparation in martial arts, Personal trainer, Sport Analytics, Sport Devices, Sport Communication and Journalism, Wellness, Business Models, Sport Management, Organization of sport events.
- NOTE: The launch of a given specialization depends on the registration of the required number of applicants.

## Competencies

- bachelor's degree in sports
- diploma of sport trainer in the discipline being the subject of specialization
- preparation of programming, organization and implementation of the sports training process, management of sports organizations

## The conditions for admitting a foreigner to studies in English:

- effective registration in the IRK system
  - meeting the formal requirements, attaching a complete set of documents in the IRK system within the required period
  - confirmation of English language skills at the level required for the relevant cycle of study (1st cycle – B2)
- \* a detailed list of requirements is available on the official website of the University.*

## Recruitment deadline in the IRK system

- from March 15, 2025 until August 31, 2025

# Tourism and Hospitality

**The proposal to study in this field meets the market demand for qualifications acquired in the tourism and hotel industry, awakened in the declining period of the pandemic. A graduate is to be a person of comprehensive competences, both social and relating to the acquired knowledge and skills manifested on its basis. On the one hand, the study program is to guarantee the acquisition of universal skills, enabling professional implementation in many sectors of the tourism and hotel space, and on the other - to prepare for specialized business activities, without the need for additional preparation outside the course of studies. The course is distinguished by highly qualified teaching staff and a significant number of practical classes in tourist institutions and hotel facilities.**

Our strength is the research and teaching staff which includes both scientists conducting research and publishing results in highly scored peer-reviewed international journals, as well as specialists-practitioners in the field of tourism and recreation.

## Specialisations

- Tourism
- Hospitality

## Competencies

- Bachelor's degree in Tourism and Hospitality
- competences in the field of preparation and organization of all types of individual and collective tourist trips
- competences with regard to individual elements of customer service
- efficient use of modern technologies at the workplace
- competences in the field of promotion and sale of hotel services
- the ability to understand comprehensible, professional interpersonal communication, which is the basis for effective cooperation in a team
- competences in the field of registration, effective management and proper settlement of own economic activity in the tourist and hotel space.
- competence in the use of foreign languages, namely the knowledge of foreign language relating to a particular line of business and industry

**level** / first-cycle studies

**form** / full-time

**profile** / practical

**duration of study** / 3 years

## Career and work

- travel agencies
- tourist associations
- Wellness and Spa facilities
- hotels and other hotel facilities

## The conditions for admitting a foreigner to studies in English:

- effective registration in the IRK system
- meeting the formal requirements, attaching a complete set of documents in the IRK system within the required period
- confirmation of English language skills at the level required for the relevant cycle of study (1st cycle – B2)

*\* a detailed list of requirements is available on the official website of the University.*

## Recruitment deadline in the IRK system

- from March 15, 2025 until August 31, 2025

# Sport Management

**University of Physical Education and Sport (GUPES) is the only sports university in Pomerania where theoretical and practical classes are conducted by both recognized scientists and highly qualified specialists in the areas relevant to individual fields of study, as well as coaches of Olympic and national teams and outstanding athletes.**

- GUPES is one of the best sports universities in Central and Eastern Europe according to the Shanghai Ranking's Global Ranking of Sport Science Schools and Departments, 2020-2023. In the Perspektywy magazine ranking for 2019-2023, GUPES placed 2nd among all sports universities in Poland.
- Studies in the field of sport management focus on work in sport industry – in managing sport organizations and teams, managing sport infrastructure as well as in organizing sport events.
- The graduate will be prepared to work both with professional sportsmen and all other people who want to practice sport. Thanks to combining academic knowledge and practical skills, our graduates will stand out from graduates of similar faculties, especially the faculty of sport and the faculty of management and marketing. This is because we mainly focus on practical aspects of functioning of sport activities.

## Competencies

- Master's degree in sport management
- The graduate will gain the skills to manage various types of sport organizations, to design and build a sports brand, select and implement marketing activities in sport, organize sponsorship and use Public Relations tools techniques in managing sport organizations, set up independent business and social activities in sport
- The graduate will know a foreign language at the B2 proficiency level of the Common European framework of Reference for Languages of the Council of Europe and will be able to use a specialist language, which will enable him or her communication in his/her professional activity

**level** / second-cycle

**form** / full-time

**profile** / practical

**duration of study** / 2 years

## The conditions for admitting a foreigner to studies in English:

- effective registration in the IRK system
- meeting the formal requirements, attaching a complete set of documents in the IRK system within the required period
- confirmation of English language skills at the level required for the relevant cycle of study (2st cycle – B2)

*\* a detailed list of requirements is available on the official website of the University.*

## Recruitment deadline in the IRK system

- from March 15, 2025 until August 31, 2025



# Sport

**Studies in this field are primarily aimed at people who want to combine a sports career with gaining and expanding knowledge in the field of various aspects of the functioning of sport.**

**As part of the field of study, the student chooses one of the coaching majors in Olympic sports offered by the University, including: gymnastics, judo, basketball, athletics, handball, swimming, tennis, sailing, football, football volleyball, rowing, horse riding and many more.**

## Specialisations

- The didactic offer of Gdansk University of Physical Education and Sport is modern, wide and varied. As part of the field of study, a student may choose a specialisation from a wide range of specialisations designed to meet the needs of the labour market and supplement it with other specialisations offered by the university.

### During the studies, the student takes up:

- one of the coaching specialisations offered by the university or,
- instead of 1 training specialisation, the student can choose 2 instructor specialisations or instructor and other specialisations, increasing his competences and competitiveness on the labor market.

## Training specialisations

- Gymnastics, Judo, Basketball, Bodybuilding, Athletics, Football, Handball, Volleyball, Swimming, Sport and dynamic shooting, Tennis, Sailing, Board sailing (windsurfing and kiteboarding), Motor preparation.

## Instructor and other specializations

- Gymnastics, Judo, Basketball, Bodybuilding, Athletics, Football, Handball, Volleyball, Swimming, Sport and dynamic shooting, Tennis, Sailing, Board sailing (windsurfing and kiteboarding),
- Fitness – weight exercises, Fitness – modern forms of gymnastics,
- Motor preparation, Motor preparation in martial arts, Personal trainer,
- Sport Analytics, Sport Devices, Sport Communication and Journalism, Wellness, Business Models, Sport Management, Organization of sport events.
- *NOTE: The launch of a given specialization depends on the registration of the required number of applicants.*

**level** / second-cycle

**form** / full-time

**profile** / practical

**period of study** / 2 years

## Competencies

- professional title of magister (Master of Arts) in sport
- diploma of a coach or sports instructor in a discipline resulting from the specialisation
- preparation to program, organise and implement the sports training process, being a member of the coaching / specialist staff
- management of sports clubs and organizations

## The conditions for admitting a foreigner to studies in English:

- effective registration in the IRK system
- meeting the formal requirements, attaching a complete set of documents in the IRK system within the required period
- confirmation of English language skills at the level required for the relevant cycle of study (2st cycle – B2)
- *a detailed list of requirements is available on the official website of the University.*

## Recruitment deadline in the IRK system

- from March 15, 2025 until August 31, 2025

# STUDY WITH THE BEST





## START for Ph.D. in SPORT & FITNESS SCIENCES

Postgraduate research can be differentiated from undergraduate and graduate degrees because it involves creating new knowledge or applying existing knowledge in a new way:

### SPORT AND FITNESS SCIENCES

The traditional model for doctoral training has been based on the student-supervisor relationship, in which the doctoral supervisor acts as mentor to the new researcher.

Postgraduate studies will prepare you to obtain Ph.D. in interesting areas.



<http://phdsportfitness.awf.gda.pl>

e-mail: [phdsportfitness@awf.gda.pl](mailto:phdsportfitness@awf.gda.pl)



Gdansk University of Physical Education and Sport



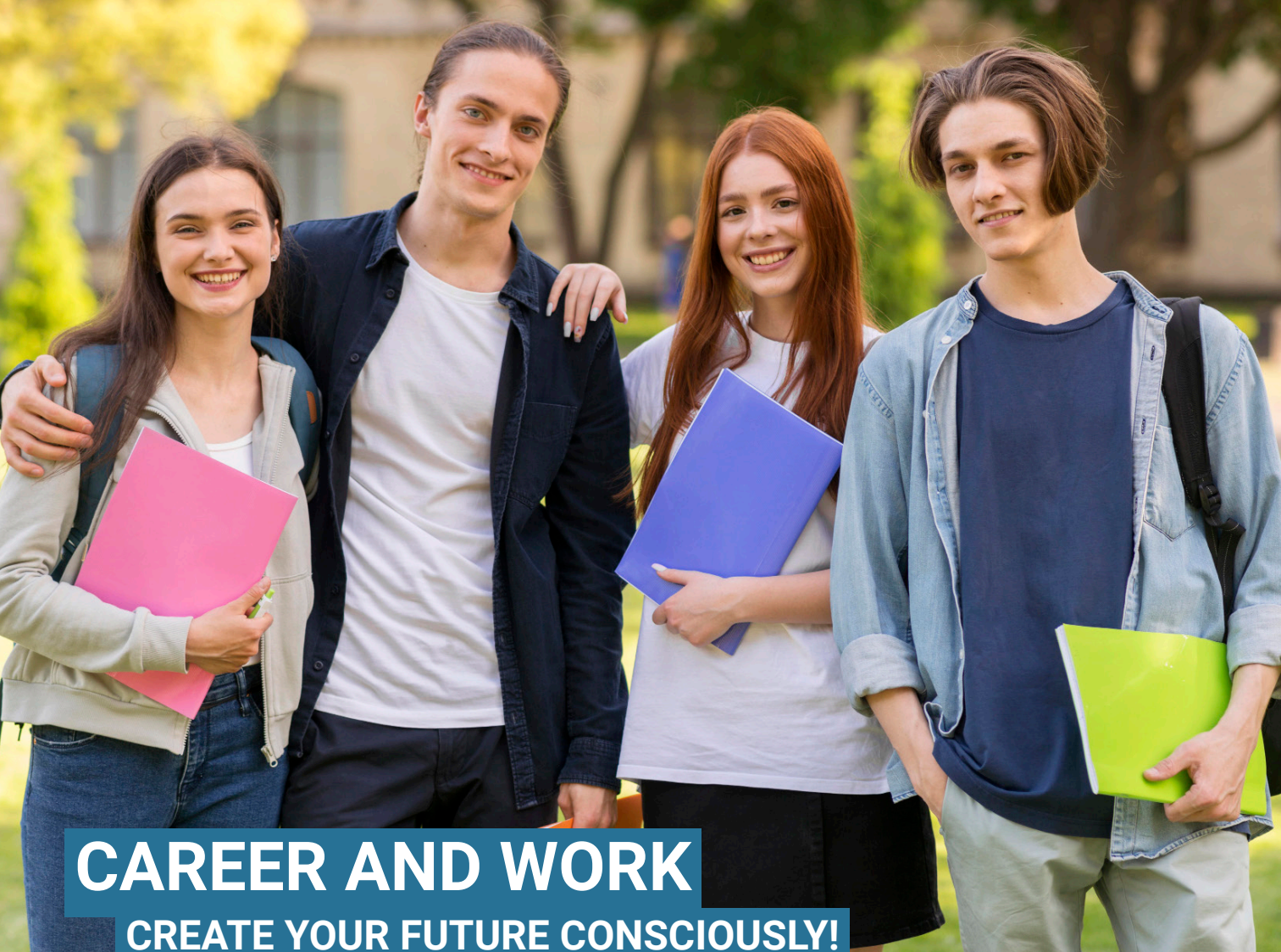
A promotional image featuring three young adults (two women and one man) smiling and looking towards the camera. They are positioned around a central text box. The background is a light-colored wooden floor. Surrounding the people are large, colorful cutouts of social media icons: a green WhatsApp icon at the top, a yellow Snapchat icon on the left, a blue Facebook 'f' icon on the right, and a pink Instagram heart icon at the bottom left. The overall mood is positive and social.

***Join us!***

[www.facebook.com/AWFiSGD](http://www.facebook.com/AWFiSGD)

**facebook**





# CAREER AND WORK

CREATE YOUR FUTURE CONSCIOUSLY!

- in primary and secondary schools, educational institutions
- in institutions of physical culture
- in state and local administration
- in sports clubs and associations
- in sports and recreational facilities
- in entities operating in the field of tourism and recreation, such as hotels, travel agencies, spa salons, dietary clinics
- as member of coaching staff for players and sports teams
- in the media
- self-employment
- health care units (hospitals, sanatoriums, outpatient clinics, rehabilitation clinics)
- centers for people with disabilities
- physiotherapy offices
- health-promoting centers (wellness, spa)
- hotels with physiotherapy and wellness facilities
- schools and kindergartens that provide integrative and special teaching
- cosmetology salons

## LEARN ABOUT GDANSK UNIVERSITY OF PHYSICAL EDUCATION AND SPORT

- 
- 1952** - founding the Technical School of Physical Education
- 1957** - launching the physical education teacher's training programme at TSPE
- 1969** - transforming TSPE into the Higher School of Physical Education
- 1973** - assigning the patronage of Jędrzej Śniadecki to TSPE
- 1981** - transforming TSPE into the Academy of Physical Education
- 1992** - obtaining the right to confer the degree of doctor of physical culture sciences
- 1999** - obtaining the right to confer the degree of habilitated doctor of physical culture sciences
- 2001** - changing the name from the Academy of Physical Education to Gdansk University of Physical Education and Sport
- 2014** - completing the thermal modernisation of the campus
- 2015** - expansion of the marina at the dr. Krzysztof Zawalski GUPES National Sailing
- 2018** - opening the Leszek Blanik Gymnastic Hall. GUPES Innovation and Implementation Centre
- 2019** - establishing the Faculty of Physical Culture

# HISTORY





### Folk Dance Ensemble "Neptun"

It was set up in 1984 out of love of dance and the need of the heart. Throughout 35 years, over 500 musicians, dancers and students have left their hearts in the Ensemble. Participation in such a great undertaking as cultivating national traditions through involvement in the Ensemble was and is motivated by the desire to represent the City of Gdańsk, the Pomeranian region, and, above all, Poland in various festivals, concerts and meetings promoting our country.



### Academic Sports Association

ASA is the largest sports association in Poland that has been operating continuously for over a century. Thanks to its rich history, it has become the most numerous student organisation operating at Polish universities. The biggest stars in the past were, among others, Halina Konopacka, Waldemar Baszanowski and Jacek Wszola, as well as our excellent Olympic medallists such as Leszek Blanik, Adam Korol, Tomasz Tomiak, Maciej Łasicki, Ania Rybicka, Sylwia Gruchała, Magda Mroczkiewicz, Ryszard Sobczak or Cezary Siess.



### Student Self-Government Council (RSS)

RSS represents all GUPES students in general. The student council tries to solve all problems encountered by students, and it also organises many events so that each graduate remembers studies at GUPES as the best and unique time in his/her life.



### Careers Centre (ACK)

GUPES ACK provides counselling that allows professionally diagnosing the optimal career development paths, as well as offers practical knowledge and develops skills that ensure appropriate behaviour on the labour market, so as to increase the chances of university graduates to be employed by a selected employer.



# GUPES FACILITIES



**The Leszek Blanik Gymnastic Hall**  
GUPES Innovation and Implementation Centre



**Laboratory of Physical Effort  
and Genetics in Sport**



**GUPES Sports and Entertainment Hall**



**GUPES National Sailing Centre**  
in Gdansk-Gorki Zachodnie



**Swimming pool**



**Athletics stadium**



**FIFA 1 approved football pitch**



**Conference rooms**



**Sports and Training Centre  
in Radun**

# GUPES FACILITIES



**Team game halls**



**Martial arts halls**



**Dormitory – Student's House**



**Dance halls**



**Indoor athletics track**



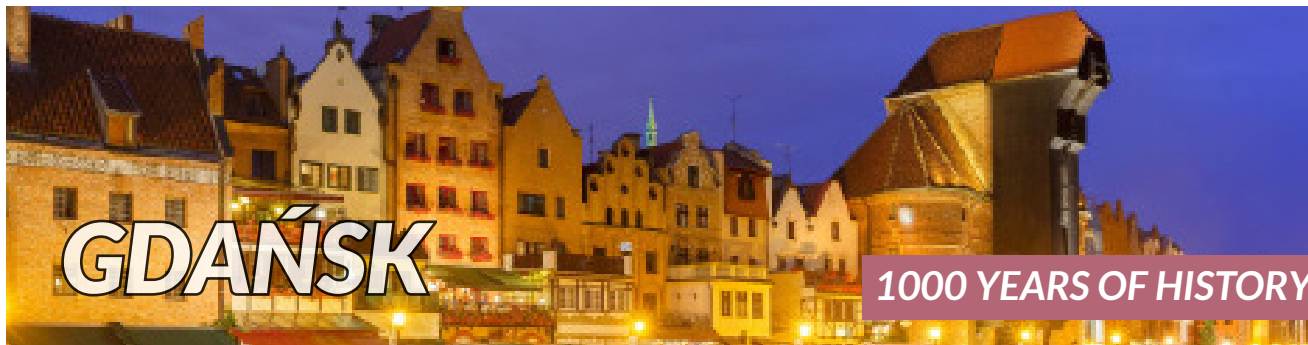
**Canteen – Bar Sonia**

# STUDY AND LIVE IN TRICITY





# HISTORY





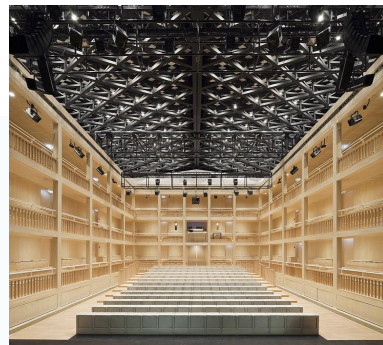
# CULTURE



**The Baltic Philharmonic**



**The Baltic Opera** (photo. K. Mystkowski)



**Shakespeare's Theatre**



**The City Theatre in Gdynia**



**The European Solidarity Centre**  
(photo. Grzegorz Mehring)



**The Forest Opera in Sopot**



**The Second World War Museum in Gdańsk**



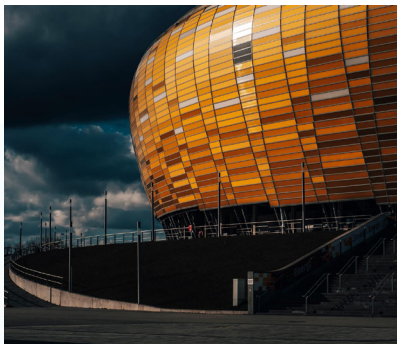
**The Experiment Science Centre in Gdynia**



**The Summer Stage of the City Theatre in Gdynia**



# SPORT



**Gdańsk Stadium**



**Ergo Arena**



**Gdynia Arena** [gdyniasport.pl](http://gdyniasport.pl)



**Hippodrome in Sopot**



**City Stadium in Gdynia** [gdyniasport.pl](http://gdyniasport.pl)



**Olivia Hall in Gdańsk**



**Tennis courts in Sopot**



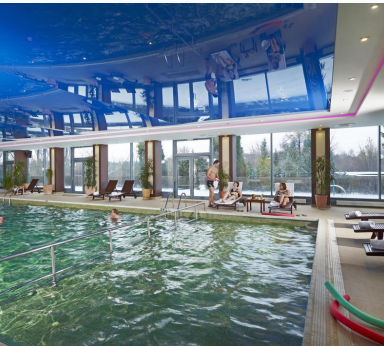
**Aquapark Sopot**



**Gdynia Marina** [gdyniasport.pl](http://gdyniasport.pl)



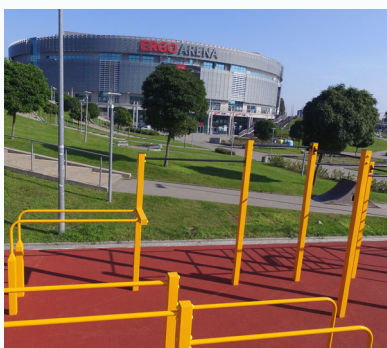
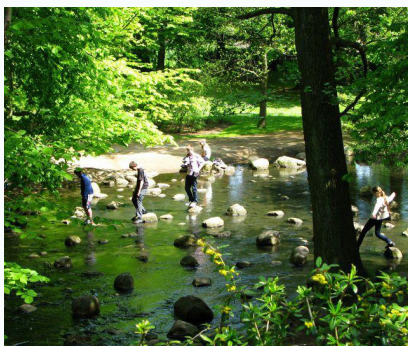
# WORK



STUDY AND LIVE IN TRICITY



# LEISURE







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## CONTACT US

### **Contact with the Recruitment Office (Bachelor and Master degree programmes)**

e-mail: [international.recruitment@awf.gda.pl](mailto:international.recruitment@awf.gda.pl)

phone: + 48 58 55 47 452; +48 511 176 938

### **Start for Ph.D. in Sport & Fitness Sciences**

e-mail: [phdsportfitness@awf.gda.pl](mailto:phdsportfitness@awf.gda.pl)



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Translation: Krzysztof Pniewski  
Cooperation: Department of Education

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