FACULTY OF
PHYSICAL EDUCATION
Gdansk University of Physical Education and Sport
in GDAŃSK

Curriculum

Field of studies: Physical Education
Level of education: second (graduate programme)
Profile of education: practical
Mode of studies: full time

Module of classes (class or group of classes)	Number of			including				Distribution of classes in a semester																					
								sem. I						sem. II						sem. III						sem. IV			
								Number of hours																					
	exams	credits	ECTS credits	total	L	Cl	P/S	W	ECTS	Ć	ECTS	S	ECTS	W	ECTS	Ć	ECTS	S	ECTS	W	ECTS	Ć	ECTS	S	ECTS	W	ECTS	Ć	ECTS	S	ECTS
General																													
Monographic Lecture		2	4	50	50															25	2					25	2				
Statistics in Physical Culture Sciences		2	4	50	25	25								25	2	25	2														
Diploma Seminar	1	2	4	50		50																20	1					30	3		
Practice – voluntary service		1	4	50		50																50	4								
Pro-seminar		1	1	15	5	10		5		10	1																				
Theory of Physical Culture		1	1	15	10	5		10		5	1																				
Management in Physical Culture		2	2	25	15	10																				15	1	10	1		
Biological sciences																													
Anatomy and Anthropology		1	1	15	15			15	1																						
Physiology of Sport		2	2	25	15	10		15	1	10	1																				
Biochemistry – Adaptation to Effort	1	1	2	25	15	10		15	1	10	1																				
Biomechanics of Loads		2	2	25	15	10		15	1	10	1																				
Social sciences and humanities																													
Philosophy and Ethics in Physical Culture	1	1	2	25	15	10		15	1	10	1																				
Sports Policy		1	1	15	10	5		10	1	5																					
Sociology of Sport		1	2	25	25			25	2																						
Psychology of Sport		1	1	15	15									15	1																
Negotiations and Mediations		1	1	15	5	10								5		10	1														
Skills																													
Elective sports		4	15	190		190				50	5					50	4					50	3				40	3			
Field (identity)																													
Monitoring of the Teaching Process	1	1	3	35	15	20								15	1	20	2														
Adaptive Physical Activity		2	1	15	5	10								5	1	10															
Psychology of Stress and Psychoregulation		2	3	35	15	20								15	1	20	2														
Health Promotion	1	1	4	50	30	20								30	2	20	2														
Field specialisation – teaching																													
Teaching sports games in secondary school – Football		1	1	12		12				12	1																				
Teaching sports games in secondary school – Basketball		1	1	12		12				12	1																				
Teaching sports games in secondary school – Table Tennis and Badminton		1	1	12		12				12	1																				
Teaching individual sports in secondary school – Fitness and Dance		2	2	24		24				12	1					12	1														
Teaching individual sports in secondary school – athletics		1	1	12		12				12	1																				
Pedagogy for Physical Education teachers with elements of andragogy		1	2	45	45			45	2																						
Psychology of development and education in adolescence and early adulthood		1	2	45	45			45	2																						
Physical activity, health and sport in the secondary school curriculum		1	1	12	12			12	1																						
Teaching sports games in secondary school – Handball		1	1	12		12										12	1														
Teaching sports games in secondary school – Volleyball		1	1	12		12										12	1														

Teaching sports games in secondary school – Floorball		1	1	12		12											12	1														
Pedagogical work with a student in adolescence and early adulthood		1	2	30		30											30	2														
Psychological work with a student in adolescence and early adulthood		1	2	30		30											30	2														
Week teaching practice in secondary school		1	2	30		30											30	2														
Introduction to Teaching		1	2	30	30																30	2										
Teaching Physical Education in Secondary School	1	3	6	90	30	60															15	1	30	2			15	1	30	2		
Motion Games and Amusements in Secondary School		1	2	24		24																	24	2								
Semester teaching practice in secondary school		2	7	120		120																	60	3					60	4		
Health Education in Secondary School	1	1	3	36	12	24																					12	1	24	2		
Specialisation (to choose)	1	3	20	250	50	200															25	2	100	8			25	2	100	8		
	exams	credits	ECTS credit	Total	L	Cl	S	sem. I						sem. II						sem. III						sem. IV						
								L	ECTS	Cl	ECTS	S	ECTS	L	ECTS	Cl	ECTS	S	ECTS	L	ECTS	Cl	ECTS	S	ECTS	L	ECTS	Cl	ECTS	S	ECTS
	8	**58**	**120**	**1615**	**524**	**1091**		227	13	170	16	0	0	110	8	293	23	0	0	70	7	334	23	0	0	92	7	294	23	0	0
				ECTS credits				29						31						30						30						