Curriculum

FACULTY OF
PHYSICAL EDUCATION
Gdansk University of Physical Education and Sport
in GDAŃSK

Field of studies: Physical Education
Level of education: first (undergraduate programme)
Profile of education: practica
Mode of studies: full time

APPROVED

Module of classes (class or group of classes	Number of			Hours			Distribution of classes in a semester																																			
					including		sem. I						sem. II						sem. III						sem. IV						sem. V						sem. VI					
							Number of hours																																			
	exams	credits	ECTS credits	total	L	Cl	P/S	L	ECTS	Cl	ECTS	S	ECTS	L	ECTS	Cl	ECTS	S	ECTS	L	ECTS	Cl	ECTS	S	ECTS	L	ECTS	Cl	ECTS	S	ECTS	L	ECTS	Cl	ECTS	S	ECTS	L	ECTS	Cl	ECTS	S	ECTS
General																																										
Foreign Language		2	4	50		50																25	2			25	2															
Premedical First Aid		1	1	15	5	10		5		10	1																														
Summer/Winter Camp (to choose)		1	2	60		60										60	2																								
Diploma Seminar	1	1	4	50		50																																50	4		
Information Technology		1	2	25		25																				25	2														
Practice – Voluntary Service		1	2	25		25																																25	2		
Biological sciences																																										
Biology	1		2	25	25			25	2																																
Anatomy	1	3	6	80	40	40		20	2	25	2			20	1	15	1																								
Physiology of a Human Being	1	3	7	80	40	40								20	1	15	2			20	2	25	2																		
Biochemistry	1	1	5	60	30	30								30	3	30	2																								
Biomechanics	1	1	4	50	30	20																										30	2	20	2						
Anthropology		2	2	25	15	10								15	1	10	1																								
Social sciences and humanities																																										
History of Physical Culture	1	1	2	35	20	15		20	1	15	1																														
Social Bases of Physical Activity and Sport		1	2	25	25									25	2																										
Interpersonal Communication		2	2	25	10	15		10	1	15	1																														
Enterprise in the Profession of a Teacher and a Coach		2	2	25	15	10								15	1	10	1																								
Introduction to Psychology		1	2	25	25			25	2																																
Philosophical Systems in Education and Upbringing		1	2	25	25			25	2																																
Psychology of Health and the Quality of Life	1	1	2	25	15	10		15	1	10	1																														
Skills																																										
Team Games		5	9	125	5	120										45	3					30	2					15	1			5	1	30	2						
Gymnastics		2	4	50		50				25	2					25	2																								
Athletics		4	5	65	5	60				30	2					15	1									5	1	15	1												
Swimming		2	3	40		40										20	1					20	2																		
Practice - Animation		1	4	50		50																																50	4		
Field (identity)																																										
Theory of Physical Education	1	3	5	65	30	35		15	2	20	1			15	1	15	1																								
Anthropomotorics	1	1	4	50	20	30		20	2	30	2																														
Theory of Sport and Training	1	1	3	40	20	20																				20	2	20	1												
Law in School		1	2	25	25			25	2																																
Organisation of School Events		2	3	40	15	25																										15	2	25	1						
Monographic Lecture		1	3	40	40									40	3																										
Field specialisation – teaching																																										
Motion games and amusements in kindergarten and primary school		2	4	48		48																24	2					24	2												
Teaching sports games in kindergarten and primary school – Introduction to mini-games		1	2	24		24																24	2																		
Teaching individual sports in kindergarten and primary school – Athletics		1	1	12		12																12	1																		
Teaching individual sports in kindergarten and primary school – Gymnastics		1	1	12		12																12	1																		
Psychology of development and education of a child		1	2	45	45															45	2																				
Introduction to Pedagogy for Physical Education teachers	1		2	45	45															45	2																				
Physical activity, health and sport in the Physical Education curriculum		1	1	12	12																					12	1														
Teaching individual sports in kindergarten and primary school – Dance		1	1	12		12																						12	1												
Psychological work with a child in mid and late childhood and early adolescence		1	2	30		30																						30	2												

Pedagogical work with a child in mid and late childhood and early adolescence		1	2	30		30																						30	2														
Teaching sports games in kindergarten and primary school – table tennis and badminton		1	2	30		30																						30	2														
Week teaching practice in primary school		1	2	30	30	0																										30	2										
Teaching Basics	1	3	6	90	30	60																										15	1	30	2			15	1	30	2		
Teaching Physical Education in kindergarten and primary school		1	1	12		12																												12	1								
Health Education in kindergarten and primary school		1	1	12		12																												12	1								
Teaching individual sports in kindergarten and primary school – combat sports		1	1	12		12																												12	1								
Voice Emission for Physical Education Teachers		1	2	30		30																												30	2								
Week teaching practice in kindergarten and primary school – the kindergarten section and the 1st stage of education		2	2	24	12	12																																12	1	12	1		
Inclusive Physical Education		1	5	90		90																																		90	5		
Semester teaching practice in primary school - the 2nd stage of education	1	7	**40**	500	100	400														25	2	100	8			25	2	100	8			25	2	100	8			**25**	**2**	100	8		
	exams	credits	ECTS credit	Total	L	Cl	S	sem. I						sem. I						sem. III						sem. IV						sem. V						sem. VI					
								L	EC	Cl	EC	S	EC	L	EC	Cl	EC	S	EC	L	EC	Cl	EC	S	EC	L	EC	Cl	EC	S	EC	L	EC	Cl	EC	S	EC	L	EC	Cl	EC	S	EC
	14	**78**	**180**	**2420**	**754**	**1666**		205	17	180	13	0	0	180	13	260	17	0	0	135	8	272	22	0	0	62	6	326	24	0	0	120	10	271	20	0	0	52	4	357	26	0	0
				ECTS credits				30						30						30						30						30						30					

L - lecture

Cl - class

S - seminar